



# **FAO/INFOODS Training on Food Composition**

Date: Saturday, 14 October 2017

**Time**: 8am – 17:00pm

Venue: Facultad de Farmacia y Bioquímica, UBA, Junín 954, Ciudad Autónoma de Buenos

Aires

### **Background**

Adequate and reliable food composition data are key in almost all areas of nutrition. There are three pillars to assure the correct production, management and use of food composition data:

- 1. International standards and guidelines for the generation and compilation of food composition data
- 2. National and/or regional food composition programmes exist and food composition tables / databases are updated regularly
- 3. Professionals are trained in all aspects related to food composition

#### **Outcomes**

- A better understanding of the generation, management and usage of food composition data, and their quality requirements
- A better idea on how to introduce the course into the curricula of universities and other higher education institutes

# **Brief programme**

- Lectures on key issues on food composition including Food description and selection; recipes; INFOODS Component identifiers; Basic principles of compilation; Data quality; (Literature) sources of food comp information
- Discussion on how to introduce the course into the curricula of universities

# **Draft Agenda**

8.00-8.15	Registration
8.15-8.30	Introduction and objectives
8.30-9.00	FAO/INFOODS e-Learning Course on Food
	Composition Data
9.00-9.30	Foods in food composition tables
9.30-10.00	Recipes
10.00-10.30	Coffee break
10.30-11.30	INFOODS Components in food composition tables
11.30-12.15	Basic principles of compilation
12.15-13.00	Data quality
13.00-14.00	Lunch
14.00-14.45	(Literature) sources of food comp information
	or
	Importance of food composition data (in Spanish
	course)
14.45-16.15	How to incorporate the FAO/INFOODS e-Learning
	Course on Food Composition Data into university
	curricula
16.15-17.00	Closing and distribution of certificates





**Fees**: 30 USD if only training is taken. It will be free for those who have registered to the 12<sup>th</sup> International Food Data Conference or to the IUNS congress. No lunch or coffee will be provided.

# Language

If there are enough participants registered for each language (English, French, Spanish and Portuguese), these training courses will be held in parallel

# **Application**

Please register to the training by writing directly to <a href="mailto:12ifdc.argentina@gmail.com">12ifdc.argentina@gmail.com</a>. Please put 'Application for FAO/INFOODS Training' into the subject line. Include:

- Name
- Position
- Affiliation
- Motivation to attend training (5 lines maximum)
- Preferred language

There are a limited number of places available. They will be distributed on first come first serve basis.

# **Pre-workshop tasks**

The completion of the 'FAO/INFOODS e-Learning Course on Food Composition Data' is highly recommended.

For further information, go to the web link to the 'FAO/INFOODS e-Learning Course on Food Composition Data' <a href="http://www.fao.org/infoods/training/en/">http://www.fao.org/infoods/infoods/training/en/</a>

#### **Certificates**

A **Certificate of Attendance** will be awarded to those who completed the *entire* training event on 14 October 2017.

A **Certificate of Completion** will be awarded to those who have completed all lessons of the**on-line version**of the 'FAO/INFOODS e-Learning Course on Food Composition Data' by 1 October 2017, and have attended the *entire* training workshop on 14 October 2017.